



## Informed Consent for EKG Treadmill Stress Test

Patient Name:

DOB:

### 1. Explanation of the EKG Treadmill Stress Test

You will perform an EKG Treadmill Stress Test on a motor driven treadmill. The exercise intensity will begin at a level you can easily accomplish and will be advanced in stages, depending on your fitness level.

- We may stop the test at any time because of signs of your fatigue.
- You may stop the test at any time because of signs of fatigue
- You may stop when you wish because of personal feelings of fatigue or discomfort.

### 2. Risk and Discomforts

There exists the possibility of certain events during the test. They include injury from slips and falls on the treadmill, abnormal blood pressure, fainting, disorder of heartbeat, and in rare instances, heart attack or death. Every effort will be made to minimize these through the preliminary examination and by observing during testing. Emergency equipment and trained personnel are available to deal with unusual situations that may arise.

### 3. Benefits to be Expected

Benefits obtained from the EKG Treadmill Stress Test may assist in the diagnosis of heart disease or in evaluating what type of physical work activities you engage in with little or no risk.

### 4. Inquiries

Any questions about the exercise test or related procedures are encouraged. If you have any doubt or questions, please ask the physician for further explanations.

### 5. Use of Information

The information obtained as a result of this test will be used by the physician to rate your overall ability to meet the physical requirements of your job.

### 6. Freedom of Consent

Your permission to perform this EKG Stress Test is voluntary. You are free to deny consent if you so desire.

I have read this informed consent and I understand the test procedures that I will engage in. I consent to participate in the test.

Date

Participant Signature

Date

Witness Signature